

Level 3 BTEC National Diploma  
in Sport and Exercise Sciences  
*(Equivalent to two A 'Levels)*

# Year 12 – Mandatory Units

- 1 Sport and Exercise Physiology
- 2 Functional Anatomy
- 3 Applied Sport and Exercise Psychology
- 6 Coaching for Performance and Fitness

# Year 13 – Units of work

- 4 Field and Laboratory-based Fitness Testing - **Mandatory**
- 5 Applied Research Methods in Sport and Exercise Science - **Mandatory**
- 9 Research Project in Sport and Exercise Science
- 10 Physical Activity for Individual and Group-based Exercise

# External Assessment

Unit 1: Sport and Exercise Physiology	<ul style="list-style-type: none"><li>• Written examination set and marked by Pearson.</li><li>• 1.5 hours.</li><li>• 80 marks</li></ul>	Jan and May/June First assessment; May/June 2017
Unit 2: Functional Anatomy	Written examination <ul style="list-style-type: none"><li>• 1.5 hours.</li><li>• 70 marks.</li></ul>	Jan and May/June First assessment May/June 2017
Unit 3: Applied Sport and Exercise Psychology	Written examination <ul style="list-style-type: none"><li>• 3 hour exam</li><li>• 60 marks</li></ul>	Dec/Jan and May/June First assessment May/June 2017

# Understanding the qualification grade (points per unit)

	90GLH	120 GLH
Pass	9	12
Merit	15	20
Distinction	24	32

# Calculation of the qualification grade

Level 3 National Diploma in Sport and Exercise Sciences	Grade	Points threshold
	PP	72
	MP	88
	MM	104
	DM	124
	DD	144
	DD*	162
	D*D*	180

Any questions...