

Mr Williams' and 7OW's Guide to starting at Stowupland High School



Hello Year 6!

we are form group 7ow (although we are soon to be 8ow!) and below are our answers to some frequently asked questions about what life will be like at Stowupland High School as a year 7. we hope you find them interesting and helpful!

What is it like being a year 7 at SHS?

It is really fun and the lessons are really enjoyable - Ada

It is nice being a year seven because it was a nice change from primary school and you kind of find your own voice and you find this kind of independence - Grace

Kind of difficult as there were many people I didn't know, but I started to feel comfortable around others in my form as I knew more about them - Ethan

Where can I go for help / who can I go to for help?

If you need help with anything, you can go to your form teacher or progress leader or your assistant progress leader (who will help you with any issues you may have) - Ava

If you need some help - whether you're upset or something has happened - you can go to your progress leader who will help you through what's happened. - Freya

You can come to us because we have just been year 7. You can go to progress leaders, form tutors and people you trust - Sydney

What happens at lunchtimes (usually)?

At lunch, if you're school dinners, you line up and pick what you want from the cafeteria and then you can eat anywhere that you're allowed to eat, like outside or the cafeteria. If you're packed lunch, you just eat straight away without having to line up - Edelle



You can bring a packed lunch and sit on the field or in the canteen. Hot lunches, grab and go, just go through the canteen - Lexi

Mostly at break time you would go to the tennis courts - Euan

At lunch, the bell will go for the end of the lesson. You can go and find somewhere to sit and if you have brought money in for lunch, then you may want to go and get lunch first - in which case you go to the canteen, grab some food and then sit with your friends wherever they're sitting - Sophie

How do I remember what my next lesson is and where?

You get given a timetable and a planner. There are room numbers. Don't worry if you don't find it straight away, there's a lot of people who will know! - Lexi

In your planner but if you forget you can ask a friend - Sydney

At first, remembering where your lessons are is a challenge but you can use your progress diary and that will tell you where and what you have next. After a little bit, you will begin to remember where your lessons are and it will just become natural - Jasmine

What can you tell me about lockers?

You can choose to have a locker (you pay for them). I put my PE kit in it - Ada

You won't use it as much as you think, but it is still useful to have. Don't lose the key! But if you do, don't worry, go to the caretaker. Put it on a lanyard! - Lexi

What happens if I feel unwell?

If you feel unwell in lessons just tell your teacher and they will contact the medical team and someone will come - Sophie

Speak to a teacher but if you need to, go to the first aid office and they will help you! Don't panic, tell someone - Lexi

oooh! You get a lucky trip to see Mr. Perry (he is also the Assistant Progress Leader for Year 10) - Barney

What is good about being a student at SHS?

Being a student at SHS is good because there are many activities you can take part in and it feels like you're in a massive family as everyone is there to help each other out - Jasmine

The drama productions are really fun, but you have to really try. Sports events look fun because you can go on trips - **Lexi**

I love PE, it is a lot better than primary. I loved the dodgeball tournaments that we did in our houses. Music is a lot better, you get to know about different cultures (Indian, African, Indonesian, etc.) And it's a better experience because of the instruments you get to use (practice rooms) - **Sydney**

At Stowupland High School, all the teachers are so nice and are always willing to help you out. As well, your fellow students are always here to help you too! - **Grace**

We hope these answers will help and from all of us in 7OW, we wish you a great summer and look forward to seeing you in September!