

Welcome to Stowupland High School!



Hello Year 6!

You may be worried or a little anxious about what you will face in “Big school”, new teachers, new classrooms and even new subjects. But don’t worry! The main thing to remember is that **you are not alone**. All your fellow year 7 students will be feeling the same and the year 8s felt exactly the same last year. It’s ok to feel nervous and at times you may feel lost or will have forgotten where you should be. But don’t worry as it happens to everybody... even teachers! All you have to do is ask and you will be looked after and before you know it, you will have settled in and will be thinking this is all so easy!

Below are some top tips and thoughts from the students in 7CK about being a year 7 at Stowupland High School...

- It is exciting because it’s a new school and you have the opportunity to meet helpful and knowledgeable teachers
- Being a year 7 at SHS can be nerve racking at the start, but the more time you spend here the better you will find your way round and get settled. It is a really fun time and it’s the start of a new school!
- It's exciting because you get a timetable and get to mix with new people
- There’s a lot of lunchtime activities and you get a lot of work done
- You will have all your friends there for you

As you get used to finding your way around and getting settled at the school, you will probably want some help... and there is lots of it at SHS! Here are some examples:

- Reception
- A teacher or anyone who is on duty
- Pastoral Support, your Progress Leader and Assistant Progress Leader
- Your Form Tutor
- First Aid
- One of your friends

At lunchtime, the bell will ring and you will be dismissed from your lesson... here are some handy things to know about lunchtime...

- You can go and buy lunch at the canteen, or the pizza shack or you can bring in your own packed lunch, it’s up to you!
- You can also sit in the canteen, on the field or in the concourse
- Everyday there are clubs on at lunch time including sports, art, computing, football practice, dance, trampolining and handball to name a few
- The library is open on all days with different activities each day

It is very normal to have trouble remembering what and where your next lesson is - these ideas might help you:

- On your first day you will get your planner and timetable. It's really useful to carry around with you as it also has a map to help you get to your lessons
- Don't worry about your first week and getting lost, your teachers will be forgiving and if you need help with where you're going, just ask someone
- At the start you may get lost (some of us thought it was like a big maze) but that isn't a worry as it is just a big square!
- You can also use the Show My HomeWork (SMHW) app to see what lessons you have at the start of the day to get you ready for the day
- Listen out for two bells... the first one is to tell you to start making your way to your next lesson and the second one is a reminder that it's been five minutes and you should be in your lesson!

When it comes to your lockers we had many questions that we needed answering so we hope that this will help you:

- You can get a locker at SHS. All you have to do is fill out a form, pay your money to the front office and then get your key from your form tutor with your locker number!
- Don't worry if you lose your key, just make sure you talk to someone at the front office and they will be able to help
- Use your locker to store things like your P.E bag, work folders and coat... that way you're not carrying these around all day! Although be careful what you do leave in your locker, don't forget to take what you need for your lesson so you don't make yourself late!

If you feel unwell during a lesson, let your teacher know and they can call someone from first aid to come and help you but if it is at break time you can go to the medical room.

We think it is great to be a student at Stowupland! These are some of the reasons why we think so:

- The music clubs, art, music and languages.
- You have really good teachers and friends, and there are lots of clubs to go to that are amazing and fun
- The facilities are amazing
- The drama production (Oliver this year)
- You will have favourite lessons (for example drama, that you will find fun and energetic)
- Being in the football team, learning new lessons, using the fitness suite at lunchtime, and meeting lots of new friends
- The food is delicious!
- You get to play a variety of sports and you get to watch drama shows every now and then.
- You'll meet a lot of new teachers and friends.
- You have different lessons compared to primary school and you get lots of friends because there are a lot of people in Stowupland High School.

We hope that has been helpful to you and that you have a great summer. We look forward to seeing you all in September!

All the best, 7CK (soon to be 8CK)