



Welcome to Stowupland High School 7RJ!



Hi Everyone!

This letter is written by 7KP (8KP in September) to give you some tips and answer questions about starting secondary school!

Here's a few questions we had when we started Stowupland High School:

What do I do if I get lost?



- If you need any help (whether it's for directions or during lunch) ask either a student walking by or ask any teacher. Teachers and students will always be happy to help!
- If you get lost, sixth formers are the best people to go to (the ones not wearing uniform)
- There are now different classrooms for different subjects - there are designated corridors for certain subjects
- Follow your tutor group/ask a friend if you forget where you're going

Where can I go for help?

- I would go to my form tutor, the teacher who is currently teaching you, my progress leader, Mrs Rolfe (Assistant progress leader) or a teacher on break duty.

What happens at lunchtimes?

- At lunch, we usually eat in the dining room or out in the quad area for Yr 7's or you can go out and sit on the field to find new friends in different year groups.

What happens if you feel unwell?

- Everyone gets ill at some point. Try to realise the difference between feeling too sick to be at school and just a mild headache. If you feel sick, tell a teacher. If you keep your average attendance over 95% you will get a reward at the end of the school year.

Top tips!

- ★ There is a big increase in homework and workload from primary school. I would use a diary or planner to keep organised, and colour code it. Do it as soon as you get home
- ★ Don't forget to get your planner signed every week by your parents/carers
- ★ Try to be early for class (once you know where you're going) At the start, teachers will understand that you can get lost so will be lenient but later on they will be stricter.
- ★ If you're not in the right set for your ability, teachers will notice and move you to the class best for you



- ★ The library is a great source of information, filled with friendly faces. They also run clubs like chess club, board games and computer club (you will need a library pass) and the bean bags are really comfy!
- ★ The pod is a great place to go when you need some peace and quiet. And friendship club is a perfect place to meet new friends!
- ★ If you have two classes that are close together, just remember one location and just look around for your next class
- ★ Everyone is sorted into a house when you start school. You collect house points in lessons and the house that wins at the end of each term receives a prize! (Last year, prizes included ice cream, a Christmas present from Santa, and cupcakes!)
- ★ I would carry a map of the school in your pocket for the first few weeks.



We can't wait to meet you in September! Have a fantastic summer holiday!

From,
Students in 7KP and Miss Pollard

