

Re: Consultation on PSHE and RSE policy

8th July 2026

Dear Parent/Carer,

As part of your child's education at Stowupland High School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies, and practical skills to live safe, healthy, productive lives and meet their full potential. We deliver our PSHE curriculum through dedicated PSHE lessons, tutor time sessions, drop down days and assemblies.

Relationships, sex (RSE) and health education is also taught within the PSHE curriculum and is a compulsory subject in all primary and secondary schools. Our RSE and health education curriculum teaches students about healthy, respectful relationships in all contexts, including online. You can find the statutory guidance on RSE and Health education at the Department of Education website here: [Relationships and sex education \(RSE\) and health education – GOV.UK](https://www.gov.uk/guidance/relationships-and-sex-education-rse-and-health-education)

There have been some changes to the statutory guidance which will be implemented from September 2026. As part of the implementation of these changes, schools must consult with parents, carers, staff and governors to ensure there is a consensus on our approaches to policy and curriculum content. Some of the main changes include:

- Greater emphasis on misogyny, violence against women and girls and related factors
- Aspects of personal safety including how to recognise risk and stay safe around roads, railways and water
- Online safety covering topics from AI (artificial intelligence), deepfakes and toxic online influencers and subcultures
- Additional emphasis on mental health with specific areas mentioned such as grief and loss.

As part of the consultation, parents, carers, staff and governors will be asked to read the two attached documents available on our website.

To provide your feedback, please fill in the attached: [PSHE/RSE Parental Consultation 2026](#)

Stowupland High School will be starting this consultation process on 8th July 2026 and the consultation will close on 5th August at 5pm. As part of the consultation, parents, staff and governors will be asked to read through the following documents and make comments on them.

1. PSHE/RSE Policy
2. Stowupland High School Curriculum overview
3. Parent consultation letter

We thank you in advance for taking part in this consultation. If you have any questions, please contact the school on enquiries@stowuplandhighschool.co.uk

Yours faithfully,

Lee Walker
Principal