

Stowupland High School Bulletin

Friday 8th May 2026



From Mr Walker, Principal of Stowupland High School



Principal's Address

Visit our Facebook page to watch a video summary of this week.

Wellbeing week

For this bulletin I want to start by celebrating Wellbeing Week. There have been a host of activities and stalls on the field each day for students to enjoy, as well as a carousel of presentations in the afternoons for one year group each day. Year 7 had talks from the RNLI, the Police and a session on road safety. Year 8 focused on mental and physical health as well as a session delivered by Turning Point on drug and alcohol awareness. Year 9 also had talks focused on physical and mental health awareness as well as a talk from Kooth. For Year 10 the talks focused on universities, apprenticeships and how students can make applications to these institutions stand out from the rest. I would like to thank Emma from the Mix and Mrs Walden, plus all of our visiting speakers, for providing such an interesting and important set of events.



Year 11 exams

Year 11 have been gearing up for their GCSE examinations with Higher and Foundation Maths talks this week from visiting speakers Mrs Vadali and Mr Sherington, revision sessions, warm ups before their BTEC Sport exam and bespoke tutor time sessions. The week finished with an assembly entitled Your Moment is Now, leaving the cohort with some memorable quotes to help them navigate these coming weeks. Next week there are examinations in English Literature, RE, Biology, Geography, Computer Science, Maths and History. I would be grateful if parents of Year 11 students could ensure their child knows the times of these exams, has all the correct equipment with them and arrives on time to school as there are warm up sessions running before the morning exams.

KS3 exams

This coming week, Years 7 and 8 also have exams. Please see the timetable below. Please can parents ensure their child has their water bottle and equipment with them each day. I would like to wish all students sitting exams and assessments in the coming weeks the very best of luck.

Year 7 Examination Timetable - May 2026

Date	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6
Monday 17 May	History 700L, 700R French 1000/1001A	Maths 700L, 700R, 700C	Music 700L, 700R, 700C	Art 700L, 700R, 700C	Science 700L, 700R, 700C	PE 700L, 700R, 700C
Tuesday 18 May	French 700C Computing 700A	Computing 700A French 700B	Computing 700A French 700B	Computing 700A French 700B	Computing 700A French 700B	French 700A, 700B
Wednesday 19 May	History 700A Geography 700B Science 700C	French 700B Art 700B	French 700B Art 700B Science 700C	French 700B Art 700B Science 700C	French 700B Art 700B Science 700C	French 700A, 700B Science 700B, 700C
Thursday 20 May	Science 700L, 700R English 700L, 700R, 700C	English 700L, 700R, 700C	English 700L, 700R, 700C	English 700L, 700R, 700C	English 700L, 700R, 700C	English 700L, 700R, 700C
Friday 21 May	Geography 700A History 700A, 700B	French 700L, 700R Year 8 History 800/810	Geography 700C PE 700A, 700B, 700C	Geography 700A Science 700A	Art 700A Science 700B	Art 700A Science 700B

Competitions

Abbeygate Sixth Form College are running a number of competitions aimed at students in Years 7-10. There are opportunities to win prizes for art, photography, drama and creative writing - so if your child is interested in any of these disciplines please encourage them to enter. Please follow the links and see the posters below to find out more:



Subject Mastery Sessions Curriculum Engagement Activities

'60 seconds to say something'
Performing Arts Competition
Stimulus: The Mask We Wear
For years 7, 8, 9 & 10

Short Story Competition
Yrs 7, 8, 9 & 10
Write a 500 words with the title 'The Fight'

Portrait Competition
Yrs 7, 8, 9 & 10

Graphics, Media & Photography Competition
Yrs 7-10
Theme: Colour and Light



Double British International Open Champion

Our resident karate champion Toby G has been in action again. This time, Toby competed in the British International Open Tournament, and was crowned the new Double British International Open Champion. What a phenomenal achievement, Toby - we are so proud of you.

Staff achievement ★★★★★

Congratulations also to the Stowuplastic Mrs D'Arcy-Hulusi, Subject Leader for MFL, who has just achieved her Foundation Degree Level 5 in Strategic and Operational Management. This is the result of many months of hard work, so well done Mrs D'Arcy-Hulusi from all of us at Stowupland High School.