

Stowupland High School Bulletin

Friday 6th March 2026



From Mr Walker, Principal



Principal's Address

[Visit our Facebook page for a World Book Day themed chat with a VERY special guest](#)

World Book Day

We celebrated World Book Day with TWO visiting authors.



One was our very own Mr Bartholomew who described his writing journey, the research he has undertaken and the publishing of his three novels so far.

The second was James Wood. James grew up in Ipswich and attended Stowupland High School from 2010-2015. He is a poet and playwright (as well as a full time Primary School teacher), and his dramatic work has been staged across London. James spoke in assemblies for Year 7, 8 and 9 alongside Mr Bartholomew, and then led writing workshops for groups of students. We thank them both for making the day so special.

Year 11

Year 11 have just 31 school days before their first exam in the Summer series. Mock exam results will be shared in lessons in the coming days. Please talk to your child about how they will move forward from this by practising exam questions in their weaker areas. By now your child should have their revision plan firmly in place, and should be working each day (as well as taking regular breaks). Please let Miss Brownsell know if you have any questions or need any further advice.

Elevate Education FREE webinar - how parents can support their child during exams

There is one more FREE webinar for parents this term from Elevate Education How you can support your child during exams. This takes place online and is highly recommended. You can sign up [HERE](#).

Year 10 - Wednesday 11th March

Parents Evening takes place this coming Wednesday. We look forward to seeing parents and carers from 4pm in the main school.

Independence and Resilience Parent Workshop

We are holding an after-school information session to discuss an exciting new pilot project from the NHS that we will be running for children and parents/carers. This will be held at the school in the Sixth Form building on Wednesday 18th March at 4.15pm.

The session will cover:

Understanding children's anxiety today and the rising rates of childhood/ adolescent Mental Health challenges.

The impact that changes in society have had and how we now approach supervision, play, risk and independence in young people compared to previous years.

Avoidance and the long-term impact for both parents/carers and children

Introducing ways of tackling some of these challenges that are fun and engaging for children and may help parents/carers with their own anxiety too!

Questions and take aways

If you are interested in attending please complete the Parent Sign Up [LINK](#) to register your intention to attend.

If you have any questions please contact Mrs Fullman in the Progress Team who has been pivotal with the support of The Mix Stowmarket, in providing this opportunity to our parents, carers and students.

STAFF NEWS

We welcome Miss Driver to Stowupland High School. Miss Driver joins the Key Stage 3 Progress Team as Assistant Progress Leader with Mrs Cranfield (Assistant Progress Leader), Mr Terry (Year 8 Progress Leader) and Miss Bird (Year 9 Progress Leader).



From Mr Sim, Designated Safeguarding Lead

You won't know 'til you ask (DSIT)

The UK Government has launched the 'Kids Online Safety' campaign to help parents and carers support their children to navigate the digital world safely and confidently. The campaign brings together practical, trusted guidance on how to start meaningful conversations about online life, understand the types of content children may encounter, and build critical thinking skills so young people can question what they see and make safer choices.

It also offers advice on using tools such as parental controls, recognising potential risks, and knowing where to seek help or report concerns. The overall aim is to make online safety an ongoing, open dialogue within families rather than a one-off conversation, helping children feel supported as they explore apps, games and social media. You can find the resources [HERE](#).

Payment Deadlines

Year 11 Prom on 10th July:
Payment deadline **TODAY** (6th March)

Wimbledon on 10th July (for invited students only):
Payment deadline 20th March

Payments can be made via your ParentMail Shop.

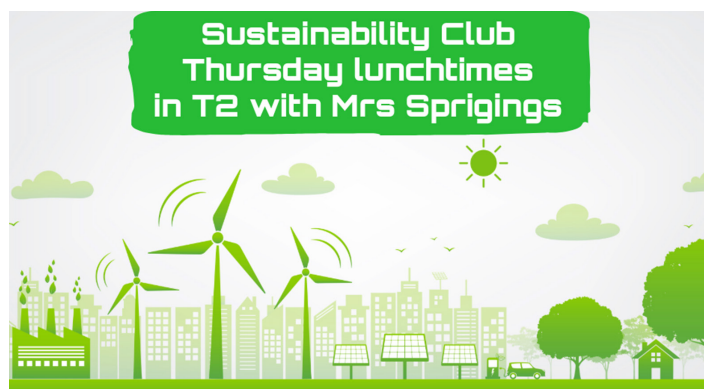
Suffolk County Council Funded School Travel

Is your child currently receiving SCC funded school travel? If so, you must opt-in before 31 May 2026 to continue to receive it in the 2026/2027 school year.

If your child is starting secondary school in September 2026 and they are eligible for SCC funded school travel, you will be contacted by Thursday 2 April 2026.

You will need to opt-in (apply) if you would like your child to use this service.

For more information on the SCC school travel policy and getting your child to school please visit this [LINK](#).



MENU FOR NEXT WEEK: Monday 9th - Friday 13th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausages	Mac n Cheese	Cottage Pie	Roast Of The Day	Chip Shop Day
Vegetarian Main	Vegan Sausages	Mac n Cheese	Quorn Cottage Pie	Quorn Roast	Veggie Chip Shop Day
Sides	Mashed Potato Seasonal Vegetables Salad	Garlic Bread Home Made Coleslaw Seasonal Vegetables Salad	Seasonal Vegetables Salad	Roast Potatoes Yorkshire Pudding Stuffing Seasonal Vegetables	Baked Beans Vegetables Curry Sauce Salad
Street Food	Fish Finger Bap With Sauté Potatoes	Beef Kebab Pitta Bread & Rice	Chicken Nuggets With Twister fries	Bacon Loaded Wedges with Garlic Bread	Chips
Pudding	Marble Crunch Fresh Fruit	Chocolate School Cake Fresh Fruit	Muffins Fresh Fruit	Apple cake & Custard Fresh Fruit	A Selection of Desserts and Fruit

