

Stowupland High School Bulletin

Friday 16th January 2026



From Mr Walker, Principal of Stowupland High School



Principal's Address

Visit our [Facebook page](#) to watch a video summary of this week.

Maths support

We were excited to welcome staff from a company called Pet-XI this week. They specialise in GCSE revision in a range of subjects, and worked intensively with a group of Year 11 this week on Maths. Well done to those who took part - it clearly made a difference by the end of each session (test results demonstrated this clearly) and thanks to Miss Brownsell, Mrs Flury and the Stowuptastic Maths Team for making it happen.

Warm, Welcoming and Friendly

It was fantastic to welcome so many parents and carers to our Warm, Welcoming and Friendly Celebration events this week. The Sixth Form Hall was packed for both events - with parents joining us to celebrate their child's success and reflect on the next steps to success. Congratulations to the students who received their Commendation certificates - as follows:

Year 7

Ava A	Madeleine H
Alfred A	Jackson J
Leo A	Willow K
Shianne B	Betsy L
James B	Freddie L
Toby B	Georgia N
Grace B	Tyler P
Holly C	Isaac P
Luke C	Tommy P
Amelia C	Maisie R
Arham D	Advika S
Leyton F	Taylor S
Dexter G	Toby S
Ralph G-S	Holly T
	Mallory W
	Warren W
	Alfie W
	Stanley W

Year 8

Alara A	Miyah H
Alfie A	Jessica J
Heidi B	Victor K
Sianna B	Alice M
Scarlett B	Talin M-A
Kyrie B	Herbie O
Imogen C	Tilly P
Harry F	Eli F
Isla R	Princess S
Charlie F	Arthur S
Freya G	Jessica S
Alenka G	Maddison H
Lillie H	

Year 9

Lily B	Remy E-S
Laila-Mai B	Oliver F
Hannah C	Marley-May F
Max C	Diana H
Faith H	Charlotte H
Aria J	Eloise K
Phebe K	Phebe K
Freyja L	Maisy L
Maisy L	Ebony M
Tennyson M	Aleshia N-J
Jasmine P	Favour P
Louie P	

Year 10

Sebastian B	Logan H	Poppy K	Felicity P
Conor B	Si Si H	Paighton L	Zaferia P
Nathan D	Kirsten H	Annie M	Immy R
Reuben E	Isla H	Jessica M	Ellie R
Dylan F	Farrah J	Tinashe M	Albina S
Toby G	Matthew J	Amy N	Lottie W
Carolina H	Amelia J	Caitlin O	

Year 11

Marcy B	Jasmine L
Levi B	Olivia M
Petal B	Frankie M
Gabby B	Mya M-L
Evie C	Druhan P
Maria E	Freya R
Chloe F	Sienna S
Jessica F	Felix T
Charles G	Emily W
Jacob H	Joshua W
Rihannon K	

Winter 2025 Celebration Event

STOWUPLAND HIGH SCHOOL

Wall of fame

RUBEN - Year 10

Ruben has been named St John's Ambulance Suffolk District COUNTY CADET OF THE YEAR

Before being presented with the award, Ruben completed a series of tasks including a formal interview, first aid assessment, presentation and teamwork events.

CONGRATULATIONS RUBEN!

We love to celebrate the achievements of our students. Please get in touch if your child has news to share on our "Wall of fame" via enquiries@stowuplandhighschool.co.uk

Year 11 Exams

The second round of Year 11 mock examinations begin on 23rd February. We are busy finalising the programme for this and we are including as many subjects as possible. If you are a parent or carer of Year 11 please ensure your child has a detailed revision plan including revisiting their revision over time. Elevate education offer free (and highly recommended) webinars for parents and carers to help them understand how best to support their child. You can sign up here: <https://go.elevateeducation.com/ukschoolwebinar>

Upcoming Elevate webinars for the Spring Term are:

How You Can Make Technology an Ally (& Not the Enemy!) (January 27, 6:00-7:00pm)

How You Can Help Improve Your Child's Memory (February 10, 6:00-7:00pm)

How You Can Help Your Child Prepare for Exams (March 3, 6:00-7:00pm)

How You Can Support Your Child During Exams (March 17, 6:00-7:00pm)

Year 11 tutor groups have been changed around from this week to enable students to focus on core subjects. Two groups focus on Maths, two on English and one on Science. The content has been carefully planned by Subject leads and will include daily check-ins on key skills, focus on specific GCSE topics each day and walk-throughs of key exam techniques being revisited frequently to boost memory.

Treading the boards

Rehearsals for Fame: The Musical are continuing apace. I dropped into three separate singing, dancing and acting rehearsals last night and have to say the show is really starting to take shape. We will let you know when tickets are available - for now the dates for your diary are Wednesday 25th - Friday 27th March.



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MFL Speak Out

The MFL SPEAK OUT competition deadline is Monday 19 January 2026. We are inviting all students to record a video or audio file of them speaking for a maximum of 3 minutes in any language they like, and send it to enquiries@stowuplandhighschool.co.uk. There are vouchers to be won and MFL Ambassador badges too!

Cross Country

Well done to our Cross Country runners who represented Stowupland in the second round of the Suffolk Schools Cross Country. All of the students showed great determination and resilience in extremely tough conditions. Well done to Addison C, Alfie A, Victor K, and Ollie J who competed in the Junior boys event, Maddi C and Alenka G (Junior Girls) and Ollie B and Lewis H (intermediate boys).



MFL SPEAK OUT COMPETITION ENTRIES TO BE EMAILED;

enquiries@stowuplandhighschool.co.uk

BY ...

19 JANUARY 2026

- ✓ EARN AN MFL AMBASSADOR BADGE IF YOU GET IN THE TOP 3
- ✓ SPEAK ABOUT ANY TOPIC YOU LIKE, IN A FOREIGN LANGUAGE, FOR 3 MINUTES
- ✓ 1ST, 2ND, 3RD PRIZES OF VOUCHERS
- ✓ KS4 AND YR7, 8, 9 SEPARATE CATEGORIES
- ✓ SEND IN YOUR VIDEO
- ✓ DO AS MANY TAKES AS YOU LIKE !!!

Sparx Stars

Please find below the timetable of our Sparx Stars



SPARX STARS OF THE WEEK

Year 7
Lucy H-C & Alfie B

Year 8
Amallia K & Sonny H

Year 9
Hannah C & Max C

Year 10
Lilly P & Mahbobullah L

Year 11
Alex G, Evie C, Ella F, Mark W,
Ruby S, Harvey G, Jasmine W,
Ollie W-C, Hayden M & Melody S



Year 10 Work Experience

We welcomed Year 10 Parents and Carers to the Work Experience Information Evening last Thursday at 6.30pm in the Sixth Form Hall. The Powerpoint shared is [HERE](#)

We are also delivering Unifrog assemblies starting from Tuesday 2nd February in Year 10 Standing Assembly slots. Please encourage your child to make good use of Unifrog - it's very simple as they can use their Google sign in to access it. Unifrog is a superb resource for all things relating to careers, further education, post-16 options and much, much more.

Dates for your diary:

- 28th January** Year 11 Parents Evening
- 5th February** Year 9 Options Evening
- 11th February** Year 9 Parents Evening
- 12th February** Year 8 HPV Vaccination
- 13th February** Year 11 Science Trip
- 15th-21st February** Ski Trip
- 23th - 27th February** Year 11 Mock Exams