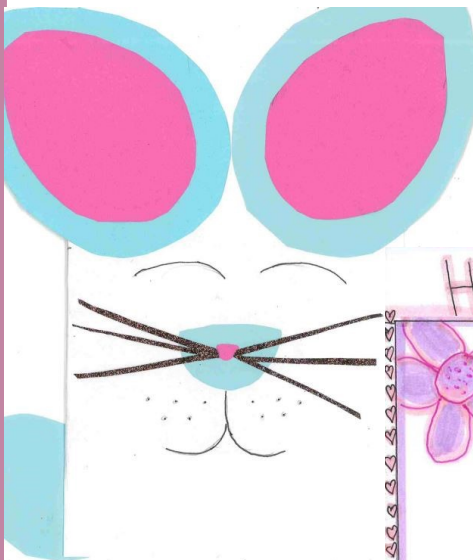




## Winners of the Easter Card competition



Chloe Flack



Lotti Horvath



Rachel Rogers

# Message from the Headteacher

I do hope you enjoy reading our Easter newsletter as much as I have. I would like to take this opportunity to thank all our staff who have worked tirelessly to ensure our students have had such a range of opportunities and experiences this term. Some of these have already been shared with you but others have been highlighted in this newsletter.

Over this term there has been a huge range of trips, visits and sports fixtures including the last 3 weekends of residential visits to Paris, Belgium and Thetford Forest for D of E. It is great to see the large number of students who have been able to study beyond the classroom this term. Extending students learning to outside of the classroom is a real opportunity for them to apply and contextualise their learning in a different environments. We are very fortunate to be in a location that allows trips to London, Cambridge, the coast and other historic sites in East Anglia.

It is always good to hear from the students when they come back from the many and varied sports fixtures and activities that they have the opportunity to participate in, whether it is Rugby, Cross Country, Football, Netball or Dance. They are often successful, but it seems that the result doesn't necessarily matter. They always come back full of enthusiasm and excitement. It is very much about being able to take part, spend time with their friends and enjoy the challenge. Although I am looking forward to supporting our Year 10 girls football team when they compete in the West Suffolk Cup final after the Easter break.

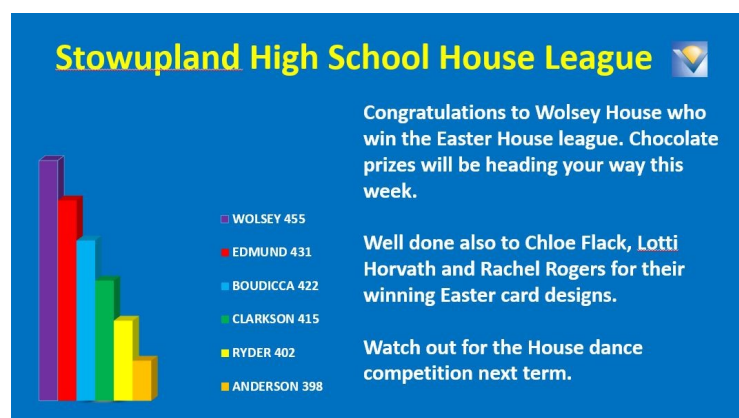
I would like to take this opportunity to remind our Year 11's and 13's that the work they are doing now, whether it is independent study or attending some Easter school revision sessions, will pay dividends in the summer. It is a very important time for them and getting the balance between studying and relaxing is key to ensure they return for their final half term in a good place to maximise their potential.

Over the last few months we have been working on developing a new school website. The plan is to get this in a position to launch early next term. The aim being it will be the place for you to visit for any information you require about what is going on in school.

I wish all our students and their families a good Easter break and thank you all for your support during this term.

Best wishes

Mr Brewster



Mr Brewster

### Contact Details:

<b>Main School:</b>	01449 674827 (8.30am—4.00pm)	Miss Elmer and Ms McNaught
<b>Pastoral Emails:</b>	year7@stowuplandhighschool.co.uk	Mrs Rolfe
	year8@stowuplandhighschool.co.uk	Miss O'Dwyer
	year9@stowuplandhighschool.co.uk	Mrs Fullman
	year10@stowuplandhighschool.co.uk	Miss Perry
	year11@stowuplandhighschool.co.uk	Mrs Cranfield and Mr Luke
	sixthform@stowuplandhighschool.co.uk	Mrs Southgate
<b>General :</b>	enquiries@stowuplandhighschool.co.uk	
<b>Cashless catering:</b>	accounts@stowuplandhighschool.co.uk	Mrs Wooldridge
<b>Library:</b>	library@stowuplandhighschool.co.uk	Mrs Burns
<b>Attendance:</b>	attendance@stowuplandhighschool.co.uk	Mrs Wray
<b>Absence Line:</b>	01449 742428	
<b>Website:</b>	<a href="http://www.stowuplandhighschool.co.uk">www.stowuplandhighschool.co.uk</a>	

Term Dates 2022-2023		Half Term	Non Student Days
<b>Autumn Term 2022</b>	1st September - 16th December	24th - 28th Oct	1st September
<b>Spring Term 2023</b>	3rd January - 31st March	13th—17th Feb	2nd September 25th November
<b>Summer Term 2023</b>	17th April - 21st July	29th May - 2nd June	3rd January 21st July

Church Road Stowupland Stowmarket IP14 4BQ

Headteacher: Mr David Brewster

Chair of Local Board: Mrs Karen Hudson

## Mulberry Centre

Mulberry students developed their science skills during the strike days by carrying out some testing of acids and alkalies in the science lab. They learned how to identify acids and alkalies and tested some familiar household products. The students were well supported by science colleagues and main school staff, which made for some excellent Mulberry and Stowupland partnership working.

Mulberry students invited their parents and carers to an Easter Crafting Event, where they shared some of their culinary and crafting produce. This is a superb way to celebrate their achievement and the support of our families.



## Library News

The results are in!!! It was very close for the top 3 places but 7KB just managed to take the win and were rewarded with Easter treats for all!!!



Students in Year 7 have read a staggering 12.612,360 words during this term's Accelerated Reader competition!! A special mention for the following who read and passed an extraordinary amount of quizzes:

Eloise Spilling 7LBL - 12 quizzes

Paighton Loveday 7NB - 26 quizzes

Leila Percival - 7JCO - 30 quizzes

CHloe Thorndyke - 7TP - 14 quizzes

Alfie Levett - 7KB - 21 quizzes

All were given a small Easter treat for their hard work.

## Changes to catering

The Trustees of John Milton Academy Trust have decided to bring catering services in house meaning that instead of an external catering company running the kitchens they will be managed by the Trust. Over time this will provide many benefits; from choice over suppliers and menus to being able to invest any profits back into our own school kitchens.

Many of you will already be aware of the price of meals at other schools going up considerably after Easter. Given the changes of management we have decided to keep our meal deal prices the same for the remainder of the academic year. We hope that this is helpful during this cost of living crisis.



So, that term flew by - it's hard to believe that we have reached Easter and that our Year 7s are two thirds of the way through their first year at High School. They continue to present themselves as confident, polite and settled members of our school community: it has been a pleasure to be their Progress Leader and to share the following successes with you, which were recognised at our Celebration Assembly on Monday.

## Reward Points

The tutor group that has collected the most reward points is 7LBL with an amazing 4141 points altogether - this is the highest total that I have ever seen - even for the end of year so an amazing achievement. Second place goes to 7KB and third place to 7AG.

Our top 3 point scorers are Evie Allen, Onyx McKenzie and Eloise Spilling. Well done to each of you and enjoy spending your voucher!



## Attendance



7AG have the highest tutor group attendance since starting in September with 94.9%. Students with 100% attendance are: Emily Ashby, Rorey Gurteen, Sisi He, Isobel Lambourne, Lainey Lankester, Paighton Loveday, Amy Nicholson, Amelie Palmer, Eloise Spilling, Maedwe Taylor and Lottie Ward - huge congratulations to these students.

## Other Awards

Individual subject awards were presented, as nominated by class teachers, along with tutor awards and the Progress Team award which went to Elodie Waspe for her kindness, friendship and hard working ethos. Well done to every single student who received a special mention on Monday.

As I mentioned at the start of this newsletter section, it has been a pleasure to have been the Progress Leader for your child's year group. After the Easter break, Mrs Brand will be taking over as the Year 7 Progress Leader - whilst I focus on the transition for the new intake of Year 6s for September. Mrs Brand is an existing Year 7 tutor and has lots of experience in working with Year 7 students.

Mrs Wilmarsh will become the full time tutor for 7NB.

Mrs Rolfe continues to be the Assistant Progress Leader and can be contacted with anything that you need regarding year 7. The email address to contact staff is: [year7@stowuplandhighschool.co.uk](mailto:year7@stowuplandhighschool.co.uk)

Wishing you a lovely Easter break, and I thank you for all of your support over the last two terms..

From Mrs Cook, Progress Leader and Mrs Rolfe, Assistant Progress Leader

**Progress Leader: Mrs Cook**

I'd like to start by wishing you all a very Happy Easter - I hope you get time to enjoy the Easter break and return feeling refreshed and ready for our last term of year 8! Spring is my favourite time of the year - the days are getting brighter and the weather is warmer. With these positive thoughts in mind, I'd like to take the opportunity to share the winners of the awards in our end of term celebration assembly. We hold a celebration assembly to recognise the achievements of our students and present them with certificates and awards.

### **Uniform Award**

This award is generated via a raffle ticket draw. Tutors have been doing random spot checks on uniform each week in form time, and those who meet the uniform expectations are presented with a raffle ticket which is then put in to the prize draw. Our winners for this were Oliwer Kopala, Archie Lewis and Milly Stock. Students in Year 8 generally look very smart, but unfortunately there are still a small percentage who are wearing leggings to school, so if this could be addressed over Easter that would be fantastic! Students should be attending school in either a skirt and tights or tailored trousers. Please see our school website for more details on this, if necessary.

### **Good Attendance Award**

Our attendance officer, Mrs Wray, has been working hard to get statistics out to each form class so they are aware of their attendance each week. Students are then spending time each Friday tracking their attendance on "attendance mats". To recognise those with good attendance in the celebration assembly, we place the student names into a "virtual duck race" and there are 3 winners. This term our winners were Lauren Foster, Addison Driver and Jacob Emms.

### **Tutor Award**

Each tutor is asked to nominate a tutee to win the tutor award. This term, the students who won this award were:

8CT – Harvey Goudy

8EGE – Chloe Probitts

8GR – Ridley Cracknell

8JG – Ahmet Keles

8RT – Maxwell Hicklesey

8ST – Mark Worthington

### **Tutor Group Awards**

At the end of each half term, I report which tutor group has got the best attendance and most positive points. The winners of these awards were:

## Attendance



## Positive Points



## Progress Leader Award

Deciding who deserves this award is so difficult, as we have many students in Year 8 who I could have chosen. However, Joshua Bridges really stood out to me, which is why I have chosen him to win the Progress Leader Award this term. Josh works incredibly hard in school and tries his best across all lessons. He gets involved in many aspects of school life. One particular strength of Josh's is his contribution to newspaper club where he has written lots of amazing things which have been published in the school newspaper. He has also submitted a creative writing piece which may be published in the local newspaper. Josh has recently applied to be a student librarian. I am really pleased with your progress in school and how much you get involved. You have a fantastic work ethic in your lessons and represent our school values brilliantly. Well done, Josh!

Once again, I hope you have a wonderful Easter Holidays and we look forward to welcoming the students back in school on Monday 17<sup>th</sup> April.

Miss Brownsell

**Progress Leader: Miss Brownsell**

Dear all,

What a busy term we have had. Option choices are in and we are busy making the timetable for next year. Some subjects are offering a summer term option and we are doing what we can to allocate students into their choices ASAP.

As we turn to the Summer term we look forward to sports day and more trips out of school, especially the summer Reward Trips that so many of you have signed up for.

We recently welcomed the Battlefields trip back to school and I wanted to extend huge thanks to the members of staff that took a large number of our Year group away for the long weekend. Students had an amazing time and have come back with some great stories. I hope it's a trip they will remember for a lifetime.

## **Top 3 Behaviour Points** **Spring Term**

- 1) Brooke Sturgeon
- 2) Emily Middlemas
- 3) Ollie Alderton



## **Progress Leader Award**

Sophia Mellor

## **100% Attendance for Spring Term**

Allum, Harvey	Middlemas, Emily
Dryja, Lena	Chapman, Lauren
Carter, Owen	Scott, Layla
Ashford, Jack	Fisher, Cobi
Denny, Ashton	Bloom, Jake
Fraser, Matilda	Sidney, Jay
Markham, Katie	Hetherington, William
Edwards, Emily	Brinkley, Archie
Jones, Charlie	Mason, Emily
Kuznicki, Maryla	Murray, Alex

## **Tutor Star Awards**

TW	Ellen Pratt
TT	Callum Bloom
DT	Ania Sliwka
BW	Emily Mason
NA	Jasmine Kent
KC	Layla Scott
SE	Daisy-May Montgomery

Pratt, Ellen	Harris, Cleo
Walsh, Mia	Perry, Peyton
Markham, Ella	Baker, Bethany
Wright, Andi	Fletcher-Hill, Lily
Walker, Bethany	Graham, Jed
Miles, Esme	Atkins, Ben
Stevens, Dom	Green, Jack
Kosynskyi, Ihor	Grand, Sophie
Flack, Scarlet	Bradley, Jasmine
Alderton, Ollie	Chapman, Evie

Wishing you a lovely Easter break!

**Progress Leader: Mr Holden**



The Year 10 have not had a permanent Progress Leader in last few weeks so Senior staff have been supporting them. We are happy to announce that we have appointed a Progress Leader for Year 10 as per earlier communications. Mr Terry is joining Stowupland High School straight after the Easter break and we are all looking forward to working with him.

## Year 10 Textiles

Under the Sea



## Reward Points

The podium shows the tutors groups with the most positive behavior points! Well done!

10 CK	10 MDH	10 KL
----------	-----------	----------

## Attendance

School attendance is vital to our success as individuals and as a school. Tutor group with the top attendance has been 10CK this term, followed by 10MDH and 10OW.

Please note that the Year 10 Progress Team can be contacted directly on [year10@stowuplandhighschool.co.uk](mailto:year10@stowuplandhighschool.co.uk)

Enjoy your Easter break!

Yet again we have had another busy half term as Year 11 prepares for the start of the 2023 GCSE exam period next term. Not only have they been amazing at attending revision sessions for all subjects but they have also had a second set of mock exams in English, Maths and Science. In order to keep the momentum going we are also providing revision sessions over the Easter break; the timetable for this has been shared and places can be booked via Arbor. For those Year 11's that are unable to attend resources will be shared via our website.

In sports, Year 11 boys reached the quarter final of The County Cup where they came up against a strong side in East Point, but ultimately it didn't go our way on the day. Some tight decisions went against us and made it very tough for the boys to battle back. They gave a good account for themselves and had lots of close chances, but just couldn't get back in the game.

Outside of the school community we also have 3 local heroes who should be very proud of themselves for coming to the aid of a local man who had broken his leg, they are Oliver O'Neil, Charley Bridges and Alfie Hunt; not only are we extremely proud of what they did but their story was shared online by Ladbible which has received over 105k likes. Read their story here: [www.eadt.co.uk](http://www.eadt.co.uk)

The Year 11 girls were due to compete in their final at Bury Town Football Club but this was postponed due to a waterlogged pitch and will take place on Thursday the 20th April.

Year 11 students have continued to work hard to achieve their very best and we are more than aware of the need for them to also look after their mental health and well-being. With this in mind, Year 11 have had an assembly on how to look after their mental health where they were introduced to the 'Five Ways of Wellbeing



As the exam session fast approaches we have released some key dates which will culminate in their final event, Prom at Blackthorpe Barn, before the much anticipated results day

## **Year 11 Key Dates**

3rd – 14th April—Easter School

12th May— Good Luck assembly

15th May—GCSE Exams start

14th June—Leavers' assembly

21st June—GCSE exams finish

28th June—GCSE exam contingency day

29th & 30th June—Stowupland 6 Induction days

30th June—Prom

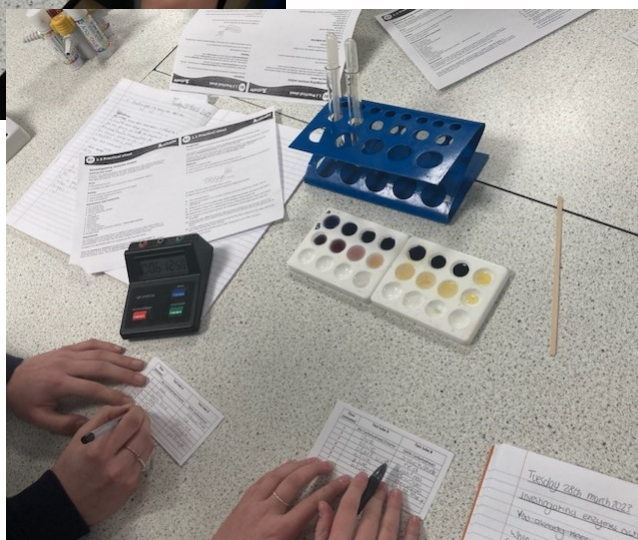
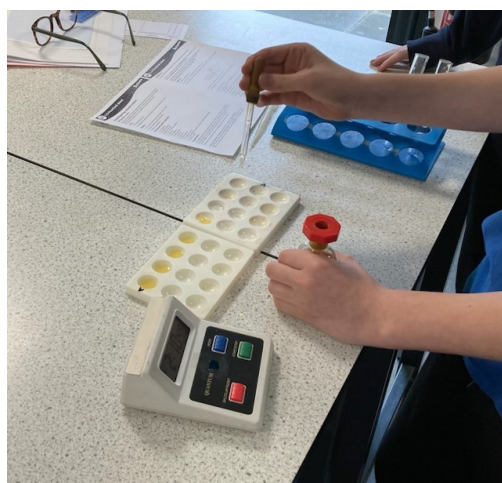
25th August—Results day

**Wishing you all a Happy Easter!**

## Investigating enzyme action

Year 8 science students have been carrying out investigations looking at the effects of enzyme action and how these protein molecules catalyse biochemical reactions that are essential for life! Students have had to use a range of practical skills in order to test a hypothesis, including accurately measuring volumes, using an indicator, timing and making and recording observations.

Mr Faliveno



## PE

It has been another extremely busy half term in PE. It has been great to see so many students representing the school in a whole range of activities from basketball, football, futsal and rugby. There have been so many outstanding team performances this term which has been fantastic to see. The stand out teams for this half term must go to our Year 9 boys rugby team who finished 3rd in the Ipswich and Suffolk Schools 'develop' competition and our Year 11 girls' football team who have reached the West Suffolk Schools' Cup Final.

### Star Performers in PE

At the end of every term we choose a number of Star Performers in PE. We are looking for students that consistently demonstrate the PELE (Participation, Engagement, Learning and Enjoyment) High Quality PE Outcomes within both the curriculum and extracurricular programmes. The winners all receive a £5 Sports Direct voucher. Congratulations to the following students for being nominated as the Star Performers in PE for the spring term:

#### **Year 7 Winners**

Davyd T. and Paighton L.

#### **Year 8**



Dougie W. and Lulu S.

#### **Year 9**



Matthew J. and Emily M.

#### **Year 10**



Daniel B. and Connie A.

#### **Year 11**



Callum M. and Charlotte L.

We hope you all have a nice Easter break and we look forward to starting the summer sports programme when students return!

Kind regards,

Mr Broom



## DANCE

### GCSE dance Workshop at Dance East

On Thursday 24th February the Year 10 GCSE dance students got to go to Dance East in Ipswich to take part in a GCSE dance workshop day. The day consisted of 2 professional workshops led by the Boy Blue company where they studied 'Emancipation of Expressionism' and James Cousins Company where they studied 'Within Her Eyes'. The students got to learn aspects of their anthology from the professionals who actually dance the work and were able to ask questions and get some inside knowledge to help them excel in their exams. All students were a credit to themselves and the school.



### Move It Dance convention

On Friday 10th March 47 pupils went to Move It Dance convention in London's Excel area. Students had an amazing day watching live dance performances on the main stage throughout the day. They were able to take part in professional workshops on the Acropads, Bollywak, Westend training, pros from the shows Cinderella and Stomp. They were also able to visit around 200 stands representing dance colleges, dance wear and performance opportunities. We even had a star pupil perform a freestyle dance routine on the showcase stage! The day left all the students with a real buzz about dance!

All the students were a joy to be with and a credit to the school.

### Dance East CAT Workshops

On Tuesday 14th March 39 students took part in a free Dance East Center for Advanced Training (CAT) session. During this session they were taught dance by a Cat tutor, looking at creative choreography, technique in travel and set phrase composition. They also got to learn more about auditioning for the CAT and were able to gain confidence at performing in a new scenario.

Well done to all who attended.

Issue 6

Tuesday 28th March 2023



# The Insight

*Stowupland High School's Sixth Edition*

## EGGCELLENT EASTER EDITION

### The Insight

[The Sixth Edition of The Insight](#), the student newspaper, has now been published on the school website. The journalists involved have worked tirelessly on this edition - we have also seen a new section, International News, been added! If any student wants to join our team, they are more than welcome on Tuesday lunchtimes in A01.

Students have also had a variety of articles published in the local paper The Telstar and we would really like to commend those who have written any articles for it. If anyone is interested in being published, please come and see Miss Leadon in A01.

## Newspaper Club!


Are you interested in being a...

Writer?

Editor?

Sports Columnist?

Chef?



Journalist?

Photographer?

Artist?

Puzzle Creator?

...something else?

**Join Newspaper Club! Tuesday Lunchtimes in A01.**

## Year 9 Battlefields Trip 2023

After a term of intensive classroom training on the First World War and much eager anticipation, it was finally time to put all that theory to the test as 90 Year 9 students & 10 staff embarked at 04:30 (code name zero hour) for front line duties across the Channel in Belgium & France. We were immediately introduced to the reality of WWI at the interactive In Flanders Fields Museum before experiencing much needed r&r with a Belgian waffle in Ypres town square! The day finished behind the lines at Essex Farm where the famous In Flanders Fields WWI poem was written by John McCrae, and inspecting the immaculately tended graves of the fallen at Lijssenthoek Military Cemetery.



Saturday took us to the impressive Vimy Memorial with our first opportunity to tread the tunnels & trenches, expertly guided by Canadian student volunteer Drew. We then headed south to the Somme & the monumental Thiepval Memorial where students were able to see the names of their own relatives inscribed, a very moving experience indeed. A final visit to the awesome Lochnagar mine crater brought home the horrors of war before we headed back to smarten up for the Last Post Ceremony at the Menin Gate. Supreme respect was shown by fully uniformed Stowupland students and our three wreath bearers, undaunted by the 2,000 plus crowd, did us all proud

- we certainly all deserved the visit to the chocolate shop to round off the day!

A rainy Sunday saw us explore the Ypres Salient with visits to Tyne Cot, the world's largest Commonwealth War Graves Cemetery as well as the superbly interactive Passchendaele Museum with its reconstructed dugouts and trenches. The afternoon allowed time to reflect on war at the sombre Langemarck German Military Cemetery before walking the German trenches at Bayernwald. After dodging the famous Flanders cycle racing we finally had the opportunity to relax with an evening of bowling.

Monday saw us Blighty bound with a stop off at the Bond-like lair of La Coupole, built inside a mountain where sinister rockets were constructed for Hitler's blitz on London in WW2. A final flurry of shopping followed before it was time to head home to round off a superb long weekend in which students learnt so much more, not only about war but about vital life-skills in general. Our huge thanks go to the staff who gave up their weekend to provide such a valuable experience, and to the students for their superb conduct throughout.



Miss Bird & Mr Clarke

## Holocaust Education Trust

Luke Kelly & Alfie Nunn from Year 12 have taken the opportunity to become Stowupland High School's ambassadors through their participation in the Holocaust Education Trust's Lessons from Auschwitz programme this term. This involved an online orientation seminar to set the scene of the Holocaust and put the students' day visit to Auschwitz in Poland into context. On their return the students participated in a further online seminar in which they were spoken to by a Holocaust survivor. The students are now in the process of preparing a project to disseminate their learning to others in the school.

In his reflection statement Luke wrote, *"During my trip to Auschwitz I witnessed where mass genocide took place. It was a heart-wrenching experience that taught me the Holocaust should never be forgotten. The role Auschwitz played in the holocaust is undeniably horrific. The human atrocities that took place to each individual ethnic minority sent not only to Auschwitz but any Nazi concentration or extermination camp cannot be forgotten. It is also important to remember that all of those involved in the Holocaust were individual human beings, including victims, perpetrators, bystanders and collaborators. Each human played a different role in the Holocaust. What made the perpetrators, bystanders and collaborators take part in this mass murder is extremely hard to say as it cannot be as simple as the manipulation of the Nazi regime."*



It is extremely important to remember the Holocaust because, as Elie Weisel has said, *"If the Holocaust is forgotten, the dead will be killed a second time. Humans cannot have ignorance when it comes to the Holocaust. What I learnt on this trip is important because it has allowed me to understand how the survivors show the world that the contemporary atrocities that took place in Germany and Poland and the other Nazi occupied countries during the Second World War cannot and must not ever be forgotten by humanity."*

Mr Clarke



## Trip to Paris

After being unable to take school trips away for several years, it was a real pleasure to finally take our Years 10, 11 and 13 French language students to Paris. There are so many beautiful and interesting places to visit in Paris and although we were only away for four days, we had an action packed schedule that meant we were able to see a wide variety of tourist attractions in a short period of time.

We used PGL, which is a company I have traveled with several times before and stayed in the fantastic centre on the outskirts of Paris, Le Château de Grande Romaine. We also had a brilliant guide, Ana, who accompanied us on our excursions in and around Paris, and not forgetting our driver Dale so we knew we were in safe hands.

We wanted students to have an opportunity to hear and to speak French in a real life context as well as to be able to experience French culture for themselves instead of reading about it in a book! Lots of our students enjoyed ordering food and drinks in French and had the chance to use their French when shopping for souvenirs, they were even able to try a snail during dinner on the last night. We were really lucky to be able to see and do so many things in just one weekend, we saw the Mona Lisa in the Louvre museum, visited Sacre-Coeur and Montmartre, enjoyed a relaxing river cruise along the River Seine, saw the Arc de Triomphe and spent some time shopping along the Paris' famous Champs-Elysees. Even the evenings were busy as after we had eaten our dinner, we enjoyed a range of activities with the PGL staff such as games in the woods, crepe making and a campfire with marshmallows and music.



Personally, I really enjoyed our visit to the Pompidou Centre as this is a place I have never been to before, and it was fantastic to be able to see Paris from the viewing point right at the top, as well as to be able to see some incredible paintings by Picasso and the rest of the modern art exhibition. I think the absolute highlight was visiting the Eiffel Tower on Sunday afternoon for our final visit, even though the students chose to walk up the stairs instead of getting the lift! After managing to climb over 700 stairs to the second floor, we took the lift all the way up to the top

and enjoyed the amazing views over the whole of Paris!

Overall, we had a brilliant time, and we all arrived safe and sound, albeit absolutely shattered, on Monday evening, full of stories about our trip and looking forward to their next French lesson! I have to say a great big thank you to all the staff who not only came with us, but also helped to organise the trip itself, as a lot of hard work goes into these visits! I would also like to thank our students who were an absolute credit to the school. All the staff at PGL said what fantastic students we had here at Stowupland High and our driver said they were the best group he has ever taken in 20 years!

Mrs Thomas

