



Our talented Mulberry Centre students inspired by Jon Burgerman Art

Dear Parents and Carers

For a short half term, which has definitely flown by, we have all certainly been very busy.

Ofsted joined us in the first full week back and we are still waiting for our report.

We have hosted Year 9 Parents' Evening, Options Evening and introduced our new style reports for Years 9 and 11. We have also had a Learning About Work Day, many sports fixtures and visits which are shared with you in more detail in this newsletter.

I had the opportunity to meet with lots of parents during Wednesday's Year 9 parents evening. It was great to hear students plans and ideas for their futures as they contemplated their GCSE options. I was particularly impressed at the maturity of some of the decisions. Many students were giving thought to the combinations they had picked ensuring they had a broad range of subjects along with reflecting on the different assessment models that our courses require. I look forward to receiving all the completed forms by the 23rd February, so Mrs Peacock and myself can start the process of organising the groups and confirming choices.

I also met with the Parent Forum on Monday which seems a long while ago. We discussed the new style written reports along with the changes we are making to the school day from the beginning of the new term. I have listed these below and you can see the start and end time of the school day has stayed the same. These changes have been made following feedback from staff and some students. Having tutor time at the beginning of the day will allow stronger relationships between our tutors and tutees.

Form tutors will be the first person they see in the morning and they will be ensuring the students are ready to learn and are in the correct uniform. We have also extended the break by 5 minutes to allow for students to have more time to get their snack and be ready for lessons 2 and 3. We will also be reintroducing bells to ensure we maximise learning time, with lessons having a signaled start and finish time.

School timings from 20th February 2023	
8:55 – 9:10	Tutor
9:10 – 10:25	Period 1
10:25 – 10:45	Break
10:45 – 12:00	Period 2
12:00 – 13:15	Period 3
13:15 – 14:00	Lunch
14:00 – 14:25	Tutor Time
14:25 – 15:40	Period 4

Wishing you all a good half term.

D. Brewster

Contact Details:

Main School:	01449 674827 (8.30am—4.00pm)	Miss Elmer and Ms McNaught
Pastoral Emails:	year7@stowuplandhighschool.co.uk	Mrs Rolfe
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Term Dates 2022-2023		Half Term	Non Student Days
Autumn Term 2022	1st September - 16th December	24th - 28th Oct	1st September
Spring Term 2023	3rd January - 31st March	13th—17th Feb	2nd September
Summer Term 2023	17th April - 21st July	29th May - 2nd June	25th November
			3rd January
			21st July

Attendance Summary: week ending 10th February

Y7	Y8	Y9	Y10	Y11	Overall
92%	91.4%	89.6%	88%	86.1%	89.4%

Church Road Stowupland Stowmarket IP14 4BQ

Headteacher: Mr David Brewster

Chair of Local Improvement Board: Mrs Karen Hudson

Company Number: 10298832

I hope that this newsletter finds you and your families safe and well.

The last 6 weeks seem to have flown by and it is hard to believe that Year 7 students are half way through their first year at high school! They have, once again, coped with so much going on and proven to be prepared for the many challenges presented to them in a new school setting. In no time, they will be the ones showing the next generation of Year 7s how to do it!

It is a pleasure to share recent successes of our students in the following areas.

Reward Points

After half a year in Year 7, we have 70 students who have gained at least 100 behaviour reward points! An incredible achievement, particularly as last year we had 10 students at this half way mark.

The top 10 are listed below and huge congratulations to Onyx and Eloise who are joint leaders!

Onyx, Eloise, Evie A, Jai, Dylan, Summer S-O, Warren, Albina, Connor H and Reuben E.

Well done to all of the students who have been awarded positive points this half term.

7LBL have gained the most points as a tutor group since starting in September - an amazing 3269 as a group total. In second place is 7KB with 3012 points and third place goes to 7AG with 1068 points in total. Thanks to all of the year 7 tutors for all of their hard work with their groups.

Attendance

Year 7 have managed to maintain an average attendance of 92.1% since the start of the school year in September and above the current national average of 90.9% to date. This is an increase on last year as well so well done everyone: this is a wonderful achievement and we thank everyone for their efforts and hard work in following the guidance regarding attendance at school.

With still half a year to go and so much to look forward to in the coming months, Mrs Rolfe and I would like to say how much we are looking forward to working with you all.

If we can be of any help to you or you need to get in touch, the email address that will get you straight to the Year 7 progress team is: year7@stowuplandhighschool.co.uk

Take care of each other, stay safe and have a relaxing, well deserved half term break.

Mrs Cook, Progress Leader and Mrs Rolfe, Assistant Progress Leader

We are now at the halfway point in year 8, which means this time next year, the students will have just chosen their GCSE option choices! Time certainly is passing fast and the students are quickly growing up. It is important to take time to reflect on the pathway that the students are considering taking in life and what subjects and extra-curricular activities will help to support them on this journey. Equally - Year 8 - do not worry if you are unsure of that pathway yet, just make sure you do what makes you happy!

The students are progressing really well and many in the cohort are making the most of the fantastic opportunities that the school offer. This includes music lessons/clubs, PE clubs and fixtures and all of the other extra-curricular activities we have to offer. If you aren't already involved in these, I would highly recommend you go along and give some new clubs a try, because it is a great opportunity to meet new, likeminded friends and learn new skills.

As always, if you have any questions or concerns please do not hesitate to get in contact with me or Miss O'Dwyer and we will be happy to support. It would also be lovely to receive some emails to let us know what your child is achieving outside of school, so we can show them recognition in school!

Please do so by contacting us on the year 8 email address: year8@stowuplandhighschool.co.uk.

Behaviour Points

Positivity and hard work are at the centre of everything the students are doing, achieving brilliant amounts of positive points for their dedication to their studies and efforts in school. At the end of Autumn Term, 8JG were ahead in the race for behaviour points, with a staggering 420 point lead and a total of 1935 points. The form class results at present are:

8JG – 2865 8CT – 2100 8GR – 1958 8EGE – 1956 8ST – 1734 8RT – 1595

Congratulations to 8JG, who retain their title and have further increased the gap! Keep up the brilliant work!

I would also like to show recognition to the following 3 students for their fantastic achievements and for the enthusiasm and effort they display every day! As it stands, our top 3 positive points scorers are:

Emily Ward, 8JG – 172 points

Evie Carter, 8JG – 169 points

Claire Hardy, 8JG – 160 points

Attendance

Research shows that attendance may be the greatest factor that influences your child's success at school. In form time on a Friday, students are completing attendance mats so they can monitor their individual attendance and to encourage recognition of the importance of being at school to learn, but equally to work on general life skills. At present, the form classes with the best attendance in year 8 are:

8CT – 92.5% 8ST – 92.4% 8EGE – 92% 8RT – 91.6% 8GR – 90.1% 8JG – 89.3%

Well done for a great half term. I hope you have a well-rested break and we look forward to seeing you back in school on Monday 20th February.

Progress Leader: Miss Brownsell

This half term has been a busy one for Year 9, not just in class, but students have been busy making decisions about their future, in particular, choosing their GCSE options.

From the recent parents evening I have a few names that have asked for a little extra support but if you come back from half term not knowing your 4 choices please speak with your form tutor for some guidance and support. The most important thing is that you meet that deadline so we can start looking at staffing and grouping for next year. If you miss the deadline you do risk not being able to do what you want.

It was nice to catch up with Year Council this week to get an update on the student voice. Key things we discussed were, recycling in school, how we can get involved with the parish council and we also discussed student activities and enrichment provision ready for the summer term. We have some key issues to raise at Whole School Council so thank you to everyone who attended that meeting.

If you are reading this and feel like you would like something raised at Year Council, please speak with your form reps so they can raise it at the next meeting before Easter.

Looking forward, we are approaching the Battlefields trip which for those that were lucky enough to get a place, will be an amazing experience. For those that missed out, I'm sure that over the next few years there will be other great opportunities to attend trips in school.

It would be great to hear from students about trips they would like to see running each year. We have already added a ski trip to the itinerary and we would love to know what students would love to see on the list.

Behaviour

Top 5 Behaviour Points in Year 9 so far this term:

Mia Walsh

Lauren Chapman

Marliya Thorpe

Brooke Sturgeon

Ollie Alderton

Wishing you all a lovely half term break

I would just like to thank Year 10 for being so welcoming to me as their interim Progress Leader. I have thoroughly enjoyed my first half term working with this fantastic group of young people. I look forward to working with them for the half term to come.

Now the half term has drawn to a close, it is an opportune moment to reflect on what has been a busy but positive few weeks. Students in Year 10 continue to maintain a large number of reward points (4,416 in total this year) and weekly attendance is improving week on week, which is fantastic. This shows the commitment to their studies.

Reward Points

Tutor Group	Reward Points this Term	Reward Points this Year
10KL	92	429
10KP	199	572
10OW	62	416
10MDH	179	1,065
10SW	181	763
10CK	160	642
10AL	102	535

Well done 10MDH for exceptional performance this year- wow! 10KP who have also made great strides this term so far!

Attendance

Tutor Group	Attendance to date	Attendance this term
10KL	86.1%	84.8%
10KP	81.3%	79.8%
10OW	91.1%	91.6%
10MDH	90.8%	91.6%
10SW	85.5%	83.6%
10CK	93.4%	93.3%
10AL	86.9%	88.3%

Well done 10CK for excellent attendance both this year to date and this term. Keep it up and you have the attendance cup in the bag.

I look forward to writing again in a few weeks, with more positive news of progress. I would like to thank you in advance for continuing to support us in providing your child with the best possible learning experiences.

Interim Progress Leader: Mrs Brown

Year 11 have had yet another busy half term as they prepare for a second set of mock exams before Easter with a range of subject interventions taking place both during school and after school. As a whole cohort Year 11 students have also taken part in 'walking talking' mocks in Maths to better prepare them for these exams.

Learning About Work Day

In conjunction with preparing students for the exam season they have also taken part in a pilot event for Stowupland High School, Learning About Work Day. The Event consisted of people from various industries coming into school and delivering workshops on CV writing, interview techniques and strategies in order to prepare students for life outside of school. In preparation, most of the year group were given a mock interview by a member of staff and approximately 60 were then given a second interview on the day itself by individuals from various industries. These students were then narrowed down to just four who had a live interview by a panel in front of the entire cohort. The year group gained a lot of helpful knowledge and experience from this and were a crucial part of the event being such a success. Special mentions go to:

Logan Fisher, James Dempsey, Harley Brame, India Langley, Chloe Strachen, Anna-Marie Rogers, Chester Riches, Charlotte Grand, Katie Manser, Mia Vowels, Brianna Dzingai, Tom Andrews, Johnathan Scott, Sami Bayakly and Liam Finn.

All students involved were exceptional but our four finalists were: Ben Terry, Mya Patel, Charlie Lummis and Olivia Rivers.

Huge congratulations goes to the overall winner of the event Mya Patel.

Extra curricular achievements

Outside of the school environment we have Holly Leivers (11MB) who has been awarded her black belt in Krav Maga martial art. She started studying martial arts in year 8 and is now hoping to grade for her black belt in kickboxing at the end of 2023. This shows her determination and dedication; again, huge congratulations from us all.

Another out of school achievement we have is for Bryony and her horse Millie Mexico who qualified for the Pony Club 1.10 show jumping champs at Royal Windsor in May. She was 1 of 6 riders from Pony Club area 8 (Suffolk, Norfolk and Essex) to qualify. We are all very excited and wish her the very best of luck.



Happy half term!

Science Stars

Nominations are made by subject teachers for consistent hard work, effort, achievement or anything the teachers feel is worthy of special recognition.

Year 7

Ines Vezentan-Ferreira	7KT
Joe Irons	7KT
Nathan Dryja	7KB
Phoebe Brand	7KB
Toby Graver	MULBERRY
Alex Noakes	7AG
Elodie Waspe	7AG
Summer Sands-Oliver	7LBL
Albina Shekhali	7LBL
Samuel Evemy	7NB

Year 8

Calvin Clarke	8JG
Emily Ward	8JG
Lulu Stanley	8EGE
Olivia Salmon	8EGE
Rihannon Knock	MULBERRY
Connie Bruce	8GR (2 nominations)
Antonio Cocker	8GR
Ethan Baker	8GR
Molly-May Coleman	8ST
Evie Jolly	8ST

Year 9

Beatrice Boreham	9Q1 (2 nominations)
Matthew Johnson	9Q1
Evie Ager	9Q1
Ellen Pratt	9Q1
Katie Markham	9Q3
Emily Bone	9Q3
Elliott Stanley	9P3
Reef Mead	9P3
Lacey Kerr	9P3
Lucy Heckman-Smith	9P1
Domenico Cocker	9P1
Chloe Wells	9P2
Tyler Wilding	9P2
Jessica Butterworth	9P4
Jack Ashford	9P4
Oscar Shenton	9P4
Eva Baker	9Q2
Mia Lawrence	9Q2
Izzie Palombo	9Q2

Year 10

Aliyah Wayman	10P4
Chris Brown	10P4
Eli Yetton	10Q1
Rebecca O'Brien	1 0Q1
Jayden Allum	10Q1
Suwetha Govindah	10Q1
Ryan Stewart	MULBERRY
Sam Edwards	10P3 (2 nominations)
Freya Firman	10P3 (2 nominations)
Hermione Johnson	10P2
Ashley Turner	10Q3
Amelia Dugmore	10P1

To continue

Science Stars

Year 11

Eloise Brindle	11P2
Toby Hurrell	11P2
Savannah Fisher	11P2
Maisie Barker	11P2
Millie Bloom	11P2
Kasey Osborn	11P3 (3 nominations)
Thomas Glanville	11P3 (3 nominations)
Olivia Rivers	11Q2
Reece Burgess	11Q2
Harley Brame	11P1
Laura Alexander-High	11P1
Bryony Shave	11P1 (2 nominations)
Tom Andrews	11P1
Ewan Schofield	11Q1 (2 nominations)
Amy Forsdyke	11Q1
Jan Stachal	11Q1
Leah Clifford	11Q1
Paige Phillips	11P4
Charlotte Long	11P4
Chanelle Sparrow	MULBERRY
Callum Last	11Q3

Year 12/13

Max Durrant
 Ezmai Elmer
 Henry Hayden
 Lexie Austin

As part of our student-centred curriculum approach within PE and Dance, we have been challenging all of our students to consistently demonstrate the PELE High-Quality PE/Dance outcomes in all of their lessons.

The PELE HQPE/Dance outcomes stand for; *Participation, Engagement, Learning and Enjoyment*. We strongly believe as a department that when students are able to demonstrate all of these high-quality outcomes in lessons then this will lead to outstanding progress for ALL.

Another feature of our student-centred curriculum approach in PE and Dance has seen us successfully launch our new KS3 assessment system across both subject areas. Students across Years 7-9 are now assessed against three core Strands for PE and Dance namely; *Physical Skills, Cognitive Skills* and *Social Skills*.

Within each core strand students are assessed using assessment domains for either *Emerging, Developing* or *Mastering*. These new assessment domains will now be the way we will monitor, record and report students progress across both PE and Dance.

Furthermore, our extra-curricular offer continues to go from strength to strength. We have an extensive lunchtime and after school programme, as well as opportunities for students to represent the school in a variety of events/festivals and competitions. Please see below a summary of our teams successes for this term:

U15 and U16 Boys Football - both teams are through to the quarter finals

U14, U15 and U16 Girls Football - all three teams are through to the semi finals

U14 Boys Badminton team finished in 6th place in the County Finals

U14 Boys Rugby - West Suffolk tournament winners

In addition, please see below a list of the fixtures/events that have so far been booked in for after February half term:.

Y7 Girls Rugby - 21/2

Y8 Boys Rugby - 23/2 and 8/3

Y11 Girls Football - 27/2

Y9 Girls Football - 28/2

KS3 Boccia and Kurling - 28/2

Y7 Boys Rugby - 2/3 and 17/3

Y9 Boys Rugby - 9/3

Y8 Futsal - 14/3

Congratulations to all those students that have represented the school this term!

Mr.Broom - Subject Leader for PE

West end Dance Workshop—5th January 2023

On Thursday 5th January 47 students from years 7-10 got the opportunity to take part in an AMAZING West End dance workshop lead by Kyle Seeley. Kyle has performed in many West End shows including Mephis, Bodyguard and Disney's Aladdin often taking on the role of dance captain or resident choreographer.

Kyle is a local boy who went to school in Felixstowe where he was taught by Mrs Brand. He was therefore a fantastic role model to show that our students' dreams can be a reality.

Students got to learn actual dances from the West End show Aladdin and then watch them being performed by the professional casts. Students were also able to ask questions about life as a professional dancer and Kyle was able to explain and give advice on routes into the industry.

All the students were a credit to themselves and the school!

Miss Brand



Mixed Views - The Mix Stowmarket

Whether you are new to Suffolk or have lived here all your life, you may not know, or have heard about The Mix and what we do.

We are a Suffolk-based youth work charity supporting young people aged between 9-25. We base our youth work out of our hubs in Stowmarket and Needham Market, within local Primary & Secondary schools, and out in communities within Mid Suffolk.

Founded in 2013, we are celebrating our 10th anniversary year. We provide a whole range of activities and programmes for young people - all for free!

Coming soon...

During 13-17 March, we are excited to be hosting a week-long youth consultation event, **Mix^{ed} Views**.



Why are we running this event?

- For local young people to feel heard and seen
- For us to hear what young people have to say about their life, community and what we offer at The Mix
- For the views of local young people to shape the future of The Mix & other relevant aspects of community life

The consultation will be made up of bespoke sessions capturing the views and ideas of young people – this will be run as part of our usual youth work sessions in local schools and at The Mix.

There will also be a survey that young people can access across the week that we'll promote on our socials.

Website: www.themixstowmarket.org

Instagram, Facebook, Twitter [@themixstowmarket](https://twitter.com/themixstowmarket)

Wellbeing

As many of you may be aware, this week we are celebrating Children's Mental Health Week. This year's theme is Let's Connect. Quoting Place2Be website:

Let's Connect is about making meaningful connections. Human beings thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.



Please visit the <https://www.childrensmentalhealthweek.org.uk/families/> for more information, interesting resources and virtual support to families.