Thursday 26th November 2026

HOME BULLETIN

Welcome to this week's edition of our Home Bulletin. I am pleased to bring you a round-up of what has been happening this week.

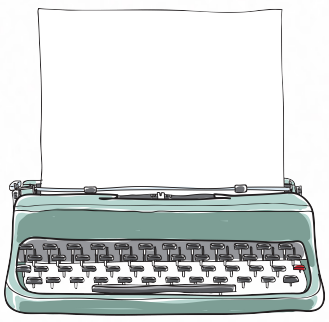
Mr Walker, Principal

CAREERS FAIR

We were delighted to hold our annual Careers Fair today in our Sixth Form hall. We had over 20 exhibitors including a range of career and training opportunities, post 16 education providers and local businesses offering apprenticeships. Students were, as you can imagine, Stowuptastic ambassadors when they met, engaged with and questioned our visitors.

Please watch this week's video message on our Facebook page to hear from three of our guests.

YOUNG WRITERS



Congratulations are in order for 23 of our Stowupland students whose poetry has been selected for publishing in the February edition of YoungWriters. Following the theme of 'Unite', students across the school were able to create fabulous work inspired by the topic, and we cannot wait to receive the anthology next term.

Well done!



WINTER SHOWCASE

We are thrilled to announce a date for our Winter Showcase. Watch our gifted students light up the stage in an unforgettable night of performing arts. For tickets please scan the QR code or click HERE



YOUTH WORK

The Mix, who provide youth work services at our school, are seeking your feedback on their current programme.

Please complete the questionnaire by scanning the QR code or following this LINK.



THURSDAY 26th November 2026

HOME BULLETIN

CHRISTMAS FESTIVITIES

Christmas Jumper Day

This year, we are raising money for St Elizabeth Hospice with a Christmas Jumper Day on the last day of term, Friday, 18th December. Students can wear festive jumpers, accessories, and socks, but please wear your usual school trousers or skirts and shoes. Suggested donation – £1 or whatever you can afford.

st elizabeth hospice

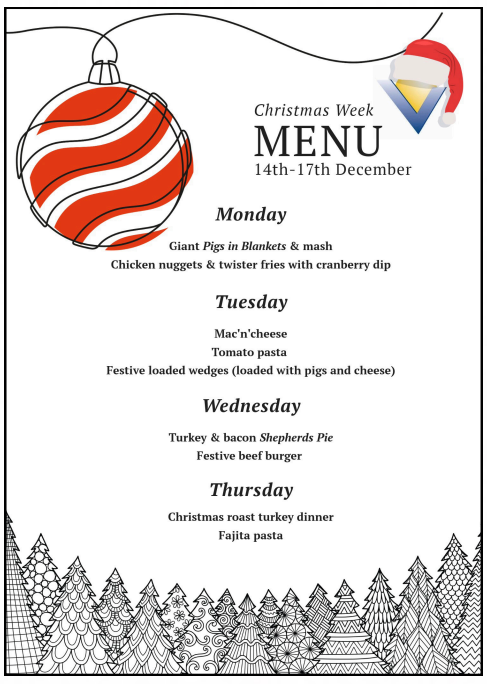


Christmas Menu

During the final week of term, our kitchen staff will serve a daily festive treat, leading to our Christmas dinner on Thursday, 17th December.

Christmas hampers

This year we are asking each Tutor Group to produce a Christmas hamper for donation to a local food bank. There will be a certificate for the most festive and best decorated hamper. We are asking for donations for your child's tutor group hamper.





STOWUPLAND HIGH SCHOOL

LUNCH MENU — WEEK 2

WEEK COMMENCING 9 Nov · 30 Nov · 4 Jan · 25 Jan · 22 Feb · 15 Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Pork meatballs in Mediterranean sauce	Carbonara pasta	Creamy chicken pie	Roast of the day	Chip shop day
VEGETARIAN	Quorn meatballs in Mediterranean sauce	Tomato pasta	Quorn pie	Vegetarian roast	Vegetarian chip shop day
SIDES	Spicy wedges or whole wheat pasta	Garlic bread · coleslaw · seasonal vegetables · salad	Mashed potato · seasonal vegetables · salad	Yorkshire pudding · stuffing · seasonal vegetables	Baked beans · curry sauce · salad
STREET FOOD	Katsu curry & rice	Fish finger bap & curly fries	Basil pesto & mozzarella ciabatta with lentil chips	Mexican bean wrap with savoury rice	Chips
PUDDING	Marble cake & custard · fruit	School cake · fruit	Fruit flapjack · fruit	Chocolate sponge & custard · fruit	Tray bakes · doughnuts · fruit

STOWUPLAND HIGH SCHOOL • Lunch menu

Ask the catering team about ingredients and allergen information.

IMPORTANT DATES

30th Nov - Y11 Badminton

3rd Dec - Year 10 Work Experience Information Evening

7th Dec - Year 8 Boys Football

8th Dec - Year 7 Girls Football

8th Dec - Year 8 Boys Futsal

9th Dec - Year 9 Badminton

9th Dec - Flu vaccination, catch-up session

9th Dec - Winter Showcase

10th Dec - High School Musical Theatre Trip

11th Dec - GCSE Drama Theatre Trip

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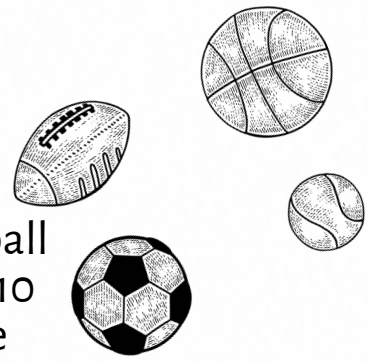
SPORTS UPDATE



Year 11 Girls Football

On 23rd November the Year 11 girls' football team, consisting of players from Years 9, 10 and 11, faced Hadleigh High School in the third round of the County Cup.

The girls produced an excellent performance, creating several good opportunities and showing plenty of determination throughout. Unfortunately, Hadleigh proved more clinical in front of goal, taking two of their chances to secure a 2-0 victory.

A massive well done to all the girls for their efforts and commitment. A special mention goes to Jessica S, who was deservedly awarded Player of the Match.

Year 9 Boys Football

On the same day, Year 9 boys played a football cup game against Debenham High School. Debenham started strongly in the first half and dominated, the play getting well ahead.

In the second half we did much better but couldn't get the goals we needed. A good effort from all the boys but unfortunetly we are out of the cup.

Year 8 Girls Futsal

On Tuesday, our nine-player Year 8 girls squad competed in four futsal fixtures at Mid Suffolk Leisure Centre.

Without a designated goalkeeper, several students bravely volunteered to take turns in net throughout the afternoon. Despite tough opening losses to Debenham (2–0) and Hartismere (4–0), the team showed great commitment and bounced back with a fantastic 2–0 win against Sybil Andrews, before a close 3–1 loss to Stowmarket.

A special mention goes to Darcey E for scoring all three of our goals across the afternoon. Thank you to everyone who stepped up in goal, helped with transport, and came along to support!



GOLDEN TICKET UPDATE



Congratulations to our Stowuptastic Golden Ticket superstars this week earning the highest number of golden tickets.

Name and Year Group	Number of tickets
Ollie J Y10	5
Dylan B Y7	5
Amaliia K Y9	5
Freya G Y9	4
Princess S Y9	4
Tamara H Y11	4
Darce B Y7	3
Brayden B Y8	3
Amelie C Y8	3
Jacob C Y10	3
Arham D Y8	3
Leyton F Y8	3
Lola H Y7	3

Name and Year Group	Number of tickets
Kyla S Y10	3
Ava A Y8	3
Jessica J Y9	3
Texas W Y10	3
Owen W Y8	3
Betsy L Y8	3
Favour P Y10	3
Isabella P Y9	3
Charlotte P Y11	3
Tyler S Y9	3
Toby S Y8	3