FRIDAY13th November 2026

HOME BULLETIN

Welcome to this week's edition of our Home Bulletin. I am pleased to bring you a round-up of what has been happening this week.

Mr Walker, Principal

YEAR 11 EXAMINATIONS

Year 11 students are to be commended for the sensible and mature approach they have shown in this first week of mocks. They have been making use of the revision space in T1 each lunchtime, too. Thank you for your support for them at this crucial time. The second week schedule is here: Mock Timetable

REMEMBRANCE



Thank you to all students for an impeccably observed service of Remembrance in the yard on Wednesday. Having the whole school together for readings, reflection, Last Post and 2 minute silence was extremely moving. We will remember those who have given their lives in service to their country, and those who continue to serve and who are affected by conflict across the globe in 2026.

YEAR 10 DofE Information Evening

The D of E team are inviting parents, carers and students in Year 10 to hear about the exciting opportunities offered by our Bronze Duke of Edinburgh programme. This is a scheme that combines adventurous expeditions with volunteering and physical activity. It provides students with lifelong memories and a qualification which sets them apart from their peers and will be useful in their applications and interviews in the future. Above all else, this is a fun way to work with others and develop new skills. Please come along to the Sixth Form Hall on Wednesday 18th November at 5.30pm to hear more about this exciting opportunity.

FINANCIAL SUPPORT - DO YOU QUALIFY?

We sent home an important letter this week about financial support that may be available to families. Key points:

- From September 2026, all households receiving Universal Credit may qualify for free school meals, regardless of income.
- Families on Universal Credit earning £7,400 or less may also qualify for targeted FSM and pupil premium support.
- Targeted FSM can help fund trips, uniforms, books, stationery and may provide access to the Holiday Activities and Food programmes.
- Parents must apply through Suffolk County Council; existing FSM recipients may need to reapply under the new criteria.
- Support is also available for foodbanks, household bills, housing, health costs and financial advice.

Please ensure you apply for this funding if you are eligible. Any questions please email accounts@stowuplandhighschool.co.uk

FUTSAL NEWS

Earlier this week, 5 Year 9 students played for our U14s girls' futsal team in a competition at Stowmarket HS. They secured two stunning victories, beating Ormiston Sudbury 5-1 and Debenham HS 8-0. They narrowly lost in a tight game against Stowmarket HS. All girls played brilliantly with goals coming thick and fast. Congratulations to Scarlett B, Jessica S, Ella B, Chaya T and Madeline H.



FRIDAY 13th November 2026

HOME BULLETIN

ATTENDANCE

We are very pleased to report significant improvements in attendance at Stowupland High School, with the latest report from the DfE naming us in **3rd place out of 21 similar schools** for attendance in 2025-2026. Thank you to all parents for your continued support in ensuring your child attends school every day.

You can continue to help by:

- accessing the NHS Guidance on Pupil Illness. This explains when children should stay at home (e.g. if they have a high temperature of 38°C or above) versus when they can attend school with mild symptoms like a runny nose, slight cough, or sore throat;
- scheduling non-urgent medical and dental appointments outside of school hours;
- supporting our flu vaccination programme on the dates below (the NHS vaccination team will be contacting you directly for the authorisation for provision of the vaccines to your child/children).

24th November 2026 - Flu Vaccination Year 11 plus catch up

6th January 2027 - HPV Year 8

4th March 2027 - MenACWY/DTP programme Year 9

CHRISTMAS HAMPERS

This year we are asking each Tutor Group to produce a Christmas hamper for donation to a local food bank. There will be a certificate for the most festive and best decorated hamper. We are asking for donations for your child's tutor group hamper.



BOOK SUGGESTIONS

Please use THIS FORM to let Miss Hudson know if there are any novels, poetry collections, plays, short stories, etc that you would like the library to stock.

STOWUPLAND HIGH SCHOOL

LUNCH MENU — WEEK 3

WEEK COMMENCING 16 Nov · 7 Dec · 11 Jan · 1 Feb · 1 Mar · 22 Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Tomato & pepperoni pasta bake	Hunters chicken	Lasagne	Roast of the day	Chip shop day
VEGETARIAN	Tomato & basil pasta bake	Quorn in BBQ sauce	Vegetable lasagne	Vegetarian roast	Vegetarian chip shop day
SIDES	Garlic bread · coleslaw · seasonal vegetables · salad	Potato wedges · seasonal vegetables · salad	Garlic bread · coleslaw · seasonal vegetables · salad	Stuffing · Yorkshire pudding · seasonal vegetables	Baked beans · curry sauce · salad
STREET FOOD	Mushroom risotto with herby bread	Cheese burger in a bun	Tandoori pitta pocket	Sweet potato & chickpea curry	Chips
PUDDING	Chocolate brownie · fruit	Strawberry crumble & custard · fruit	Lemon meringue sponge · fruit	Oaty fruit slice & custard · fruit	Tray bakes · doughnuts · fruit

STOWUPLAND HIGH SCHOOL • Lunch menu

Ask the catering team about ingredients and allergen information.

IMPORTANT DATES

16-20th Nov - Year 11 Mock Exams

18th Nov - Duke of Edinburgh - Year 10 Information Evening

24th Nov - Flu Vaccinations Year 11

26th Nov - Careers Fair

27th Nov - PD Day

3rd December - Year 10 Work Experience Information Evening