



FRIDAY 23rd OCTOBER 2026

HOME BULLETIN

Welcome to this week's edition of our Home Bulletin. I am pleased to bring you a round-up of what has been happening this week.

Mr Walker, Principal

WEATHER CHANGES

I would like to start the final bulletin of this Half Term with some simple reminders now that the cold and darker nights are here. Please can all parents and carers ensure that their child has a suitable coat to wear for start and end of the day, morning line ups and social times. If your child cycles to school please can I ask that they wear a helmet on their journey and follow the Highway Code.

CELEBRATIONS

On Tuesday we held our very first Afternoon Tea for those students who earned more than 1000 merits last academic year. It was a wonderful event, with very tasty sandwiches and cake and cups of tea served by senior staff. We gave out unique certificates to recognise the students' achievements, reminding guests that merits are as much about personality, resilience and determination as achievement in lessons. Thank you to all 22 students and their families who attended this rather special event, with particular thanks to the staff who coordinated the whole thing so beautifully and to Hannah in Year 10 for her fabulous opening speech.



SUFFOLK SKILLS SHOW

Thank you to Mrs Walden who organised our annual visit to the Suffolk Skills Show. The whole of Year 10 went along to Suffolk New College yesterday to explore a wide variety of career opportunities available in Suffolk, as well as apprenticeships, training courses and post 16 opportunities.

SPORT NEWS

Year 11 Girls Football

It has been another busy week for sport. The Year 11 girls' football team competed in the West Suffolk Cup on Wednesday in challenging, wet and windy conditions. In their opening match against Stowmarket HS, they secured a narrow victory in a closely contested game. However the team responded superbly in their second match against Thurston, dominating the game and playing some excellent football to secure an impressive 3-0 win. Freya L-J scored twice, and Year 10 student Lois B added a third. A special mention goes to Aimee B, who provided assists for all three goals. It was a fantastic team effort, demonstrating great determination, teamwork and quality throughout the competition.

Year 10 Boys Futsal Competition

Seven players from the Year 10 boys' football team represented Stowupland High School at the West Suffolk Futsal Competition at Stowmarket High School on Tuesday. The boys played four matches, recording an impressive 5-2 victory over Hartismere, two draws against Thurston (2-2) and Stowmarket (1-1), and narrowly losing 3-2 against Debenham. The team finished third in the league, playing some excellent football throughout the evening and scoring some fantastic goals - for example Blake F unleashed a superb strike into the top corner to secure a dramatic 1-1 draw in the dying seconds of the game against Stowmarket! A massive well done to Harrison K, Bernie F, Blake B, Blake F, Addison C, Seb C and Will B for representing the school so well. Their performances, teamwork and quality on the ball were excellent throughout the competition!

**THE PRINCIPAL'S
WEEKLY FACEBOOK
ROUNDUP
HOME BULLETIN**

[▶ WATCH IT HERE](#)





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GIRLGUIDING

Girlguiding Suffolk is looking for volunteers aged 13 and over to help plan and run fun weekly meetings. Whether you're teaching a 5-year-olds to build campfires, organising mini-festivals for 8-year-olds, or guiding 12-year-olds in upcycling projects, you'll help girls build skills and friendships.

Visit [Girlguiding Suffolk Website](#) for more information.



HALF TERM - FREE BREAKFAST FOR FAMILIES

Families visiting their local Morrisons Café throughout the October Half Term can enjoy a free 'Kellogg's Breakfast', which includes a bowl of cereal and a portion of fruit.

Simply go to the till at your local Morrisons Café and ask for a "Kellogg's Breakfast".

FREE DRUMMING

WeDrum Collective offers free group drumming workshops for young people aged 11–18 at The Mix on Tuesdays from 5:30 PM to 7:00 PM.

No previous drumming experience is required. The program helps local youth build confidence, make friends, and develop musical and social skills. Participants have previously performed at local community events like the Christmas Fair and Stowmarket Carnival.

For more details and to register, please visit www.wedrum.co.uk.



DESIGN A CHRISTMAS CARD - A MESSAGE FROM OUR MP

Dear Students, Pupils and Teachers,

I am looking for a design to put on my Christmas cards this year! Would you like to create one for me?

As the Member of Parliament for Waveney Valley, I would like to create some paper and electronic cards to send to important people and organisations (such as schools) in my constituency. This year, I have chosen the theme of Peace and would love to see your Christmas card design based on the idea of Peace.

If you prefer writing to drawing, you can also send in a poem to be printed on the inside of the card.

Anyone under 18 who lives or goes to school in Waveney Valley is invited to enter the Christmas card competition. If you would like to enter, get your paints and imagination ready.

Entries must be A4 size, on paper or a JPEG or PDF. Your artwork can be drawn, painted or digital, but try to make the design bold and eye catching. You can use up to four colours. Include your name, age, school and class with your entry.

Send your work by email to my office at waveneyvalleyoffice@parliament.uk or by post to Christmas Card Competition, 1B Navire House, Mere Street, Diss, IP22 4AG. Entries must be received by midnight on Thursday 12th November 2026.

I'm looking forward to seeing your designs!

Adrian Ramsay MP

Member of Parliament for Waveney Valley



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WELCOME TO OUR SCHOOL LIBRARIAN

We are absolutely thrilled to welcome Miss Hudson to our school community as our brand-new Librarian! Miss Hudson joins us with a wealth of experience in creative writing and storytelling and a passion for fostering a love of reading. Our library is the heart of our school, and we cannot wait to see how Miss Hudson inspires our students, supports our teachers, and transforms our learning space this year.

MID SUFFOLK YOUTH PLATFORM

We are delighted to confirm that three students are representing us on the Mid Suffolk Youth Council. They had their first meeting today, and their priorities are improving rural transport, local facilities for young people and supporting teenage mental health. They are Diana H (Year 10, Maisie R (Y8) and Evelyn F (Y9), and they were confident and assured in their first official board meeting.

Congratulations to them!

LUNCHTIME DROP-INS

We would like to remind all Year 10 and 11 students that their Assistant Progress Leader, Mrs Fullman, holds daily drop-in sessions. These meetings take place every lunchtime in the MHST cabin.

HALF TERM

26TH OCTOBER - 30th October

WHAT'S ON W/C 2ND NOVEMBER

2nd -3rd Nov - Hospitality & Catering practical mocks

4th Nov - Year 11 Boys Football (County Cup)

5th November - Year 10 Boys Football (County Cup)

4th-6th Nov - Year 11 French Speaking mock exams

SCHOOL NURSE DROP-IN
Second Thursday of each month
NEXT DROP-IN: **Thursday 12th November**
in A01 at lunchtime

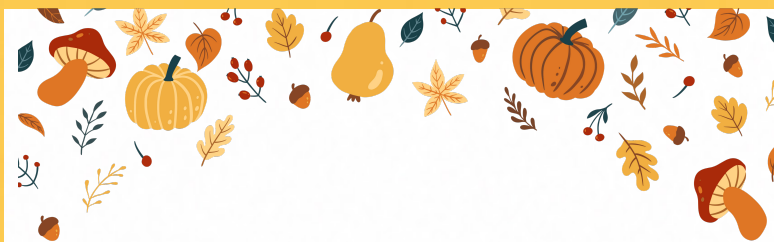
YEAR 11 NEWS

Year 11 Information Platform

We are pleased to introduce a new information hub designed for all Year 11 students and their families. This platform contains crucial resources to support students through revisions and upcoming exams. You can access it via this [LINK](#).

Revision space

Every lunchtime, classroom T1 is open for all Year 11 students who want a quiet space to revise for their exams. Whether they need to review their course material, work through mock papers, or organize their study notes, this dedicated area is available to them.



Enjoy your half-term